



ST CHARLES DISTRICT BASKETBALL 2019

ST. CHARLES DISTRICT SUPPLEMENTAL BASKETBALL RULES (Grades 4th – 12th)

All players and coaches are required to show **CYC ID cards** AND an **approved CYC roster** at every game (**an electronic copy is acceptable**). **NO coach or player may participate in a game until these items are presented.** See District Protocols for acceptable forms.

1. Timing Rules:

- 4th 5th & 6th grade games: (2) 18-minute halves with a running clock.
- 7th-12th grades: (2) 20-minute halves with a running clock.
- In the **FIRST HALF**, the clock will run continuously except for the last 2 minutes of the half, when the clock will stop on all official whistles.
- In the **SECOND HALF**, the clock will stop on all free throw attempts. In addition, the clock will stop in the last 2 minutes of the half on all official whistles.
- The clock will stop on all time-outs in both halves.
- (3) 60-second time-outs per team per regulation game.

2. Ball:

- The 28.5 inch ball is used for all girls' games and for 4th and 5th grade boys.
- The 29.5 inch ball is to be used for 6th, 7th and 8th grade boys' games.

3. Players/Forfeit:

- A team must have 4 players to start the game. Late arriving players are eligible to participate after checking in at the scorer's table. A 10-minute grace period from the scheduled starting time is allowed before the game is declared a forfeit.

4. 20-Point Rule:

- When the lead reaches 20, the officials will stop the game and announce that the "20 point rules" are in effect. This notification is only required once per team per game.
- A team leading by 20 points or more may not press in the backcourt. When the trailing team gains possession, the defensive team must immediately retreat and remain ten (10) feet behind the division line until an offensive player with the ball has established frontcourt status. The ten-foot distance is a line on the court that, in most gyms, is the volleyball attack line. This line should be clarified by the officials before each game. Once the offensive team establishes front court status, the defensive team may disregard the ten-foot line. (This rule is consistent with the Archdiocesan Rulebook).
- Team leading by 20 is not allowed to fast break.
 - 1st violation = loss of possession and warning issued to bench
 - 2nd violation = loss of possession and technical issued to bench (possible disciplinary action to follow).
 - See Additional Rule Clarification section for more detail.
- Clock will run continuously throughout the second half while the lead is 20 or more.



ST CHARLES DISTRICT BASKETBALL 2019

5. Free Throws (4th grade):

- 4th grade may shoot free throws from 12 feet (3 feet shorter than traditional FT line). The shooter may not cross the line until the ball hits the rim or backboard.

6. Overtime:

- ONE 2-minute overtime period will be played (game may end in a tie).
- Each team is allowed ONE 60-second time-out in overtime (unused time-outs do not carry over from regulation time).

7. Bench Conduct:

- Two coaches and a scorekeeper are allowed on the bench. Only the head coach may stand to give instructions to his/her team.

8. District Playoffs:

- Any OPEN team wishing to be eligible for District playoffs must compete in the “A” division in regular season league play.
- CLOSED teams become eligible for District playoffs based on the following criteria:
 - 1) If a single Closed team competes in the “A” division, this team will automatically represent the District in the Archdiocesan playoffs.
 - 2) If more than one CLOSED team competes in the “A” division, the standard District Playoff format will be followed.
 - 3) If no CLOSED teams compete in the “A” division, the District representative may come from the “B” division.
- Parish coordinators can nominate teams for inclusion in the playoff eligible division. Final determination of teams included in playoff eligible divisions will be made by the District Chairperson. District Playoff format will be A1 vs. A2 in both Open and Closed classifications. Winners will represent the District in Archdiocesan Playoffs. The District Chairperson at his/her discretion may split a division into East-West subdivisions and have A1 and A2 from each subdivision eligible for District Playoffs.
- The District Chairperson reserves the right to choose teams to represent the District in the Archdiocesan playoffs in order to fill “Wildcard” slots or to fill open Archdiocesan playoff slots for which there is no District representative (due to scheduling conflicts, etc.).
- Tiebreaker games may be played in order to seed teams for District Playoffs.
- The District will utilize Archdiocesan rules for District playoffs (e.g. 4 quarters, stopped clock, etc.).



ST CHARLES DISTRICT BASKETBALL 2019

Additional Rule Clarification:

CYC 4th – 6th Grade PRESS RULE – applies to any inbound play into the back court:

- 1) The defensive team must remain ten (10) feet behind the division line until an offensive player with the ball has established frontcourt status. The ten-foot distance is a line on the court that, in most gyms, is the volleyball attack line. This line should be clarified by the officials before each game.
- 2) Once an offensive player establishes front court status with the ball, he/she can be pressed.
- 3) If a player in the back court passes the ball to a teammate standing in the front court within 10 feet of the center line, that teammate will be allowed to receive the pass unobstructed. Once the teammate gains control of the passed ball, he/she can then be pressed.
- 4) If a player in the back court passes the ball beyond the 10-foot area in the front court, an opponent can defend the pass.

St. Charles District 20 Point Rule – FAST BREAK (4th – 12th Grade):

- 1) A team leading by 20 or more points must allow the defensive team to retreat to their back court, before attempting to score.
- 2) A team leading by 20 or more points may transition quickly to the front court, but must allow the defensive team to retreat to their back court, before attempting to score.

Note: Where applicable, District supplemental rules will supersede the Archdiocesan CYC Rulebook during District regular season league play only.